

Prayer from Fr. Jack Zuercher, SJ.

His prayer focuses on the progression of a relationship with God that moves through awareness to gratitude, eliciting joy, leading to being in love with God. His prayer is:

“Good and Gracious God – thank you for the gift of life.
Thank you for the gift of my unique life.
Thank you for the gift of my life set in this day.
Thank you for the gift of my life set in this moment.”
Being in the moment,
being aware of God’s presence in my every breath,
leads me to a much closer relationship
and a more loving relationship with God.